

The Cookery Training Classes through Application of "General Case Instruction" in the Home Economics Education for Elementary School

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Abstract

This paper aims, through the application of the "general case instruction," to empirically examine whether or not learners are able to cook dishes with basic skills that are not yet studied in the Homemaking classes in Elementary School.

The implementation plan of the cookery training classes for children using the "general case instruction" was developed and conducted. Students' behavior in the learning process were recorded and analyzed to assess the educational effect of the cookery training classes.

The main results are as follows:

1. A total of 26 skills have been extracted as the basic cookery skills to be taught in the Home Economics Education in Elementary School.
2. "Miso soup," "wiener fried rice," and "vermicelli salad" were selected and studied in the cookery training classes. Some of the not-yet-studied cookery training materials and cookery skills corresponding to any of the basic cookery skills above were included as well as other appropriate cookery training materials requiring basic multi-disciplinary cookery skills.
3. The result implies that if basic cooking operations are acquired steadily, learners are able to cook dishes and demonstrate the basic cookery skills not yet studied by themselves.

Key words; the cookery training classes, general case instruction, home economics education for elementary school