

Promotion of Food and Nutrition Education by “Cooking Bus” in U.K.

Yoko SUZUKI

Faculty of Education, Nara University of Education

Abstract

The “Cooking Bus” campaign has been conducted for the purpose of making teachers and citizens recognize the necessity for acquisition of cooking skills in the U.K. In this paper, the outline and the management method of the cooking bus was examined.

The cooking bus is managed by the charity organization called “Focus on Food” and two former food technology teachers are in charge of the instructions. The cooking bus stays at school for four days. The driver extends a bus and prepares a cooking room on Monday which is followed by six sessions of cooking training for students, and one session for teachers between Tuesdays and Thursdays. Four kitchen counters for students and one counter for a teacher are furnished in the bus. A maximum of 16 persons can participate in one session. Although it is difficult to conduct such a campaign in Japan where the view over a charity is not widespread, I think introducing the cooking bus is important to appeal for the necessary acquisition of cooking skills and technologies in Japan.

Key words; Food and nutrition education, Cooking bus, U.K.