

Family Communication and Adoption of Life Skills

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Abstract

This study examined the relationship between family communication and the adoption of life skills by analyzing the questionnaires completed by junior high school students and their guardians. Our findings are as follows:

1. Whether it is a weekday or a holiday, we found that the length of time junior high school students spend with their family in a family room is a factor increasing the students' level of communication proficiency. However, no significant relationship was found between the length of time spent alone and their communication proficiency.
2. It was found that the level of awareness and recognition towards family communication is a factor affecting successful adoption of life skills.
3. Students who have a higher level of life skills learned many of these life skills from their families. However, no relationship was found for cooking and laundry, thus it can be speculated that a factor other than family could affect the adoption of life skills.
4. Concerning the relationship between life skills acquired from family and its level of adoption, most of them are for basic life skills, and only the environmental scope was linked to the improvement of the students' life issues. It is hoped that further efforts be made in home economics education to enhance the adoption of life skills that enable the improvement of various life issues.

Key words; family, communication, life skills, junior high school students, life activity