

COURSE OF STUDY FOR SENIOR HIGH SCHOOL: HOME ECONOMICS 2009

(Source: Ministry of Education, Culture, Sports, Science and Technology,
Translated by this booklet committee)

I OVERALL OBJECTIVES

To enable students to gain a comprehensive view of lifelong development of human beings and life management, to identify the meaning of family and home and the relation between families and the society, to acquire necessary knowledge and skills for life, and to develop creativity and positive attitude for proactively constructing family life and community life with gender-equal cooperation.

II OBJECTIVES AND CONTENT FOR EACH SUBJECT

[Basic Home Economics]

1. Objectives

To enable students to acquire basic and fundamental knowledge and skills relating to human life, family, home, welfare, food, clothing, housing and consumption, to proactively solve problems concerning the family and community, and to develop skills and attitude for enhancement and improvement of their life.

2. Content

(1) Human life, Family, Home and Welfare

The teacher will instruct students,
to perceive lifelong development of human life,
to understand characteristics and challenges of each life stage,
to examine family relationship, family life, and life and welfare of children and elderly people, and
to recognize the importance of living together and supporting each other.

a. Independence and Family and Home in the Adolescence Period

The teacher will instruct students,
to understand challenges in the adolescence period with the view point of human development,
to perceive the importance of constructing a family as a family member and having cooperation between men and women, and
to make decisions and act responsibly in order to create their family life and community life.

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b. Child Development and Childcare

The teacher will instruct students,
to understand child development, child life, roles of parents, childcare and the environment for raising children,
to perceive the meanings of having children and raising them, and
to recognize the roles of a parent, family, community and society for child development.

c. Life in Older Age

The teacher will instruct students,
to understand characteristics of the older age and elderly people's life, and current situations and challenges of the aging society, and
to recognize the roles of a family, community and society for supporting independent life of elderly people.

d. Convivial Society and Welfare

The teacher will instruct students,
to understand social welfare and support for families and family life throughout one's life, and
to recognize the importance of living together and supporting each other as a member of a family, community and society.

(2) Independent life, Consumerism and the Environment

The teacher will instruct students,
to acquire basic and fundamental knowledge and skills relating to food, clothing, housing, consumption, financial planning in order to manage their independent life,
to achieve a sustainable lifestyle, and
to proactively plan their life.

a. Diet and Health

The teacher will instruct students,
to acquire basic and fundamental knowledge and skills relating to nutrients, food, cooking and food hygiene in order to practice a healthy and safe diet, and
to manage their diet throughout one's life.

b. Clothing Management and Clothes Selection

The teacher will instruct students,
to acquire basic and fundamental knowledge and skills relating to clothing materials and construction of clothes in order to maintain their clothes,
to select clothes depending on the purpose, and
to practice a healthy and comfortable clothing management.

c. Housing and Living Environment

The teacher will instruct students,
to acquire basic and fundamental knowledge and skills relating to functions of

housing, and relations between houses and a community, and to practice safe housing management with consideration of the environment.

d. Daily Consumption and Lifespan Financial Planning

The teacher will instruct students,
to understand current situations and challenges of consumption, and rights and responsibility as consumers,
to act with appropriate decision making, and
to conduct financial management and planning throughout one's life.

e. Lifestyle and the Environment

The teacher will instruct students,
to understand the relation between human life and the environment, and
to proactively practice a sustainable lifestyle.

f. Life Planning

The teacher will instruct students,
to look at their own life throughout their expected life-span, and
to proactively make a life plan.

(3) Home Projects and School Home Economics Club Activities

The teacher will instruct students,
to set themes relating to their own family life or community life,
to examine ways to solve the issues,
to make plans and practice the plans, and
to acquire skills to scientifically examine their life and solve problems through these activities.

[Comprehensive Home Economics]

1. Objectives

To enable students to comprehensively acquire knowledge and skills relating to human life, family, home, relationship with children and elderly people, welfare, consumption, food, clothing and housing, to proactively solve problems concerning the family and community, and to develop skills and attitude for enhancement and improvement of their life.

2. Content

(1) Human life, Family and Home

The teacher will instruct students,
to perceive lifelong development of human life,
to examine how to live their life in the adolescence period,
to understand the meaning of family and home, and the relation between a family and

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society, and
to recognize the importance of constructing a family with cooperation between men and women,

a. Human life and Independence in the Adolescence Period

The teacher will instruct students,
to understand characteristics and challenges of each life stage with the view point of human development,
to recognize independence as a challenge in the adolescence period and the importance of cooperation between men and women, and
to examine how to live the adolescence period in their life.

b. Family, Home and Society

The teacher will instruct students,
To understand family functions, family relations, family laws, and welfare,
To examine the meanings of family and home, and relation between a family and society, and
To recognize the importance of constructing a family and managing their family life as a family member and having cooperation between men and women.

(2) Relationship with children and elderly people, and Welfare

The teacher will instruct students,
to understand child development, childcare, life in the older age, and welfare for the elderly,
to obtain deeper understanding of various people to support their life, and
to recognize the importance of living together and supporting each other as well as the roles of a family, community and society.

a. Child Development, Childcare and Welfare

The teacher will instruct students,
to understand child development, child life, and child welfare,
to recognize a parent's roles, importance of childcare, roles of a community and society for child development, and
to examine the meaning of having children and raising children and importance of having a relationship with children.

b. Life of Elderly People and Welfare

The teacher will instruct students,
to understand mental and physical characteristics of elderly people, and current situations and challenges of the aging society,
to recognize challenges of elderly people's life and roles of a family, community and society,
to examine ways to support elderly people's independent life, and
to perceive the importance of having a relationship with elderly people.

c. Family and Community in a Convivial Society

The teacher will instruct students,
to understand the relation between a family and community,
to recognize the importance of living together and supporting each other with various people such as elderly people and people with challenges, and
to examine the meaning to proactively live their life as a member of a family and community.

(3) Financial Planning and Consumption in Life

The teacher will instruct students,
to understand financial planning, consumer issues, and rights and responsibility as consumers,
to recognize current challenges of consumption, and
to act responsibly with appropriate decision making as consumers.

a. Financial Planning in Life

The teacher will instruct students,
to understand the relation between their life and society, and
to recognize the importance of financial management and planning throughout one's life.

b. Consumption Behavior and Decision Making

The teacher will instruct students,
to understand the process of decision making in consumption and its importance, and
to proactively make decisions as consumers.

c. Rights and Responsibility of Consumers

The teacher will instruct students,
to understand current situations and challenges of consumption, consumer issues, independence of consumers and support for consumers, and
to act as consumers with awareness of their rights and responsibility.

(4) Life Science and the Environment

The teacher will instruct students,
to understand their life relating to food, clothing and housing at each life stage,
to have an interest in ancestors' wisdom and heritage,
to use resources with the consideration of the environment for constructing a sustainable society, and
to manage their daily consumption proactively with appropriate decision making.

a. Life Science and Culture regarding Food

The teacher will instruct students,
to understand nutrients, food, cooking and food hygiene scientifically,
to have an interest in food culture,
to acquire necessary knowledge and skills for cooking, and

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to manage their diet proactively with safety and consideration of the environment.

b. Life Science and Culture regarding Clothing

The teacher will instruct students,
to understand clothes selection, clothing materials, clothes construction, and clothing management scientifically,
to have an interest in clothing culture,
to acquire necessary knowledge and skills for clothing, and
to maintain their clothes proactively with safety and consideration of the environment.

c. Life Science and Culture regarding Housing

The teacher will instruct students,
to understand functions of housing, space planning and housing environment scientifically,
to have an interest in housing culture,
to acquire necessary knowledge and skills for managing their living space, and
to maintain their living space proactively with safety and consideration of the environment.

d. Lifestyle Establishment for a Sustainable Society

The teacher will instruct students,
to examine safe and comfortable living and consumption,
to inherit the culture and create new culture, and
to proactively create a sustainable lifestyle with consideration of resources and the environment.

(5) Life Planning

The teacher will instruct students,
to proactively look at their own life throughout their expected life-span by making life plans.

a. Life Resources and their Application

The teacher will instruct students,
to understand necessary finance and time and resource management for living, and
to recognize the importance of use the resources effectively.

b. Lifestyle and Life Planning

The teacher will instruct students,
to examine their lifestyle and consider how to live their family life and professional life in the future, and
to make their life plans by applying their life resources effectively.

(6) Home Projects and School Home Economics Club Activities

The teacher will instruct students,
to set themes relating to their own family life or community life,

to examine ways to solve the issues,
to make plans and practice the plans, and
to acquire skills to scientifically examine their life and solve problems through these activities.

[Life Design]

1. Objectives

To enable students to practically acquire knowledge and skills relating to human life, family, home, welfare, consumption, food, clothing and housing, to proactively solve problems concerning the family and community, and to develop skills and attitude for enhancement and improvement of their life.

2. Content

(1) Human life, Family, Home and Welfare

The teacher will instruct students,
to perceive lifelong development of human life,
to understand characteristics and challenges of each life stage,
to examine family relationship, family life and life and welfare of children and elderly people, and
to recognize the importance of living together and supporting each other.

a. Independence and Family and Home in the Adolescence Period

The teacher will instruct students,
to understand challenges in the adolescence period with the view point of human development,
to perceive the importance of constructing a family as a family member and having cooperation between men and women, and
to make decisions and act responsibly in order to create their family life and community life.

b. Child Development and Childcare

The teacher will instruct students,
to understand child development, child life, roles of parents, childcare and environment for raising children,
to perceive the meanings of having children and raising them, and
to recognize the roles of a parent, family, community and society for child development.

c. Life in Older Age

The teacher will instruct students,
to understand characteristics of the older age and elderly people's life, and current situations and challenges of the aging society, and
to recognize the roles of a family, community and society for supporting independent

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life of elderly people.

d. Convivial Society and Welfare

The teacher will instruct students,
to understand social welfare and support for families and family life throughout one's life, and
to recognize the importance of living together and supporting each other as a member of a family, community and society.

e. Communication with Children

The teacher will instruct students,
to understand child life, child play, relation between child development and environment by direct communication activities with children, and
to acquire skills to build relations with children appropriately.

f. Communication with Elderly People

The teacher will instruct students,
to understand the meaning of supporting elderly people's independent life and importance of communicating with elderly people by direct communication activities with elderly people and giving assistance for elderly people's life.

(2) Lifestyle Establishment Concerning Consumption and the Environment

The teacher will instruct students,
to acquire necessary knowledge and skills relating to consumption and financial planning in order to manage their independent life,
to achieve a sustainable lifestyle, and
to proactively plan their life.

a. Daily Consumption and Financial Planning in Life

The teacher will instruct students,
to understand current situations and challenges of consumption, and rights and responsibility as consumers,
to act with appropriate decision making, and
to conduct a financial management and planning throughout one's life.

b. Lifestyle and the Environment

The teacher will instruct students,
to understand the relation between human life and the environment, and
to proactively practice a sustainable lifestyle.

c. Life Planning

The teacher will instruct students,
to look at their own life throughout their expected life-span, and
to proactively make a life plan.

(3) Life Planning and Creation regarding Food

The teacher will instruct students,
to acquire knowledge and skills relating to the relation between diet and health,
nutrients, food, cooking, and tastiness of food,
to have an interest in food culture, and
to manage their diet proactively with safety and consideration of the environment
throughout their life.

a. Family Health and Diet

The teacher will instruct students,
to understand the meaning of meals,
to acquire knowledge and skills relating to family health, nutrients, and cooking, and
to manage their family's healthy diet throughout their life.

b. Food Science and Cooking

The teacher will instruct students,
to understand factors of tastiness, nutritional characteristics of food, and property
changes in cooking scientifically, and
to acquire knowledge and skills in order to cook nutritious and tasty dishes and meals.

c. Life and the Environment regarding Food

The teacher will instruct students,
to understand safety and hygiene in handling food,
to examine the relation among food producers, distribution and their life, and the
consideration of the environment, and
to manage their family's diet proactively.

d. Life Designing and Practice regarding Food

The teacher will instruct students,
to understand history and culture of daily meals and holiday meals,
to acquire necessary knowledge and skills for cooking, and
to inherit the food culture and practice their diet creatively.

(4) Life Planning and Creation regarding Clothing

The teacher will instruct students,
to acquire knowledge and skills relating to clothes selection, sewing, and clothing
management,
to have an interest in clothing culture, and
to comfortably and creatively maintain their clothes throughout their life.

a. Clothing Science and Expression

The teacher will instruct students,
to understand functions of clothes scientifically,
to select their clothes depending on the purpose, and
to express themselves with clothes creatively.

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b. Cloth Construction and Sewing

The teacher will instruct students,
to understand clothes construction, and relation among body shapes, movements and clothing materials,
to acquire necessary knowledge and skills for sewing, and
to use their creativity for sewing.

c. Life Management and the Environment regarding Clothing

The teacher will instruct students,
to understand clothing management, properties of clothing materials, functions of clothes scientifically, and
to maintain their clothes proactively with consideration of health, safety and resources and the environment.

d. Life Designing and Practice regarding Clothing

The teacher will instruct students,
to understand history and culture of clothing,
to acquire necessary knowledge and skills for clothing management, and
to inherit the clothing culture and practice their clothing management creatively.

(5) Life Planning and Creation regarding Housing

The teacher will instruct students,
to acquire knowledge and skills relating to functions of housing and planning of housing and interior decorations in order to manage their healthy and safe housing life,
and
to maintain their living space proactively with consideration of the environment throughout their life.

a. Family Life and Housing

The teacher will instruct students,
to understand functions of housing, management of living space, and necessary living space depending on the family life and life stage, and
to examine how to make their living space safe and healthy.

b. Housing Science and Construction of Living Space

The teacher will instruct students,
to understand comfortable housing scientifically,
to acquire basic and fundamental knowledge and skills for interior decoration and gardening, and
to draft a living space and coordinate the interior in order to create a comfortable and functional living space.

c. Housing and the Environment

The teacher will instruct students,

to understand living environment around their living space, and
to maintain their living space with consideration of resources and the environment.

d. Life Designing and Practice regarding Housing

The teacher will instruct students,
to understand history and culture of housing,
to acquire necessary knowledge and skills for housing management, and
to inherit the housing culture and practice their housing management creatively.

(6) Home Projects and School Home Economics Club Activities

The teacher will instruct students,
to set themes relating to their own family life or community life,
to examine ways to solve the issues,
to make plans and practice the plans, and
to acquire skills to scientifically examine their life and solve problems through these activities.

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