

The Effects of Taste Comparison of Local and Imported Vegetables on the Teacher Training Students' Views on the Food Ingredients

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Abstract

We examined the effects of the taste comparison between local and imported vegetables on the teacher training students' views on the food ingredients.

The following results were obtained.

- 1) When purchasing the food ingredients, teacher training students' considerations of the place where the food ingredients were produced became stronger.
- 2) In the box lunch making, the students consciously selected the place of production, the taste, freshness, and the texture of the food ingredients. In addition, number of homemade ingredients, and the concern for the taste and the place of production increased.
- 3) In the exercise of creating advertising papers after making the box lunch, many students used the terms such as food ingredients, place, and in season.

Students also made remarks about wanting to review and improve eating habits, which is considered the effects of the comparison on their eating activities.

This study is important in creating the homemaking courses that value the food ingredients.

Key words; local vegetables, import vegetables, taste comparison, views on the food ingredients